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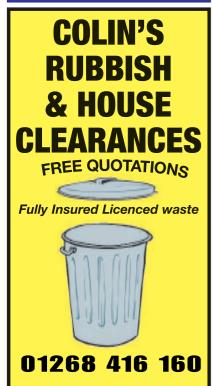
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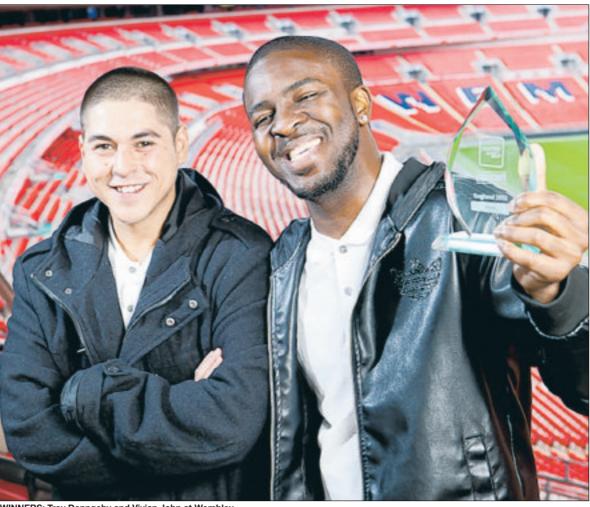
Thursday, May 3, 2012

See p2









WINNERS: Troy Denngehy and Vivian John at Wembley.

Money-saving duo win bank's challenge

A TEAM of youngsters from Barking were crowned winners of a money-saving competition at Wembley Stadium last Friday.

The competition, called the Money for Life challenge, was designed by Lloyds TSB to help youngsters improve their

money management skills.

Team members Vivian John and Troy Denneghy both live at the Barking and Dagenham Foyer, in Wakering Road.

The Foyer provides supported accommodation to youngsters aged 16 to 24 at risk of being

The lads won the challenge thanks to their innovative buffet on a budget concept for a group of 40 people for £1.50 a head. Vivian, 23, said: "We wanted

to cater for 40 of our fellow foyer residents on a tight budget so we had to learn how to use the cost saving methods that were taught.

"We now realise that there are a lot of places to get good deals, by using coupons and buying buy one get one free

REE RAIL TRAVEL INIT

A TRAVEL scheme aimed at helping people back to work was launched on Friday.

Barking MP, Margaret Hodge joined c2c managing director Julian Drury at Barking Station to launch the train firm's JobStart scheme.

The initiative offers free rail travel on c2c trains to job interviews organised through the Job Centre, and two months free rail travel when a person gets their first job.

The offer is for up to six free tickets to and from interviews, and then up to two months free season ticket once a job is secured.

Mrs Hodge said: "This is a great idea. Travelling to job interviews and having to find the money for train fares before you have received

your first pay cheque can be a challenge, especially if you have been out of work for some time. This is a good idea and I look forward to seeing people from Barking benefiting from it.

The scheme is open to people on Jobseeker's Allowance attending interviews arranged through the Job Centre Plus

There is a travel to work ticket for the first two months for anyone with a contract of six months or more.

Mr Drury said: "There is a £10 one-off administration fee for the monthly season tickets, although of course the savings are considerably higher. c2c is only able to cover travel on our services, not London Underground."



Mansion May Fair

page 6

Yellow Advertiser

Yellow Advertiser Ltd. Acorn House, Great Oaks, Basildon, Essex SS14 1AH.

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Competition

A party a

LASER KOMBAT is a new laser tag game for adults and children of all ages, situated right next door to Partyman World of Play in Repton Close on the Burnt Mills Estate in Basildon, Essex

Laser Kombat is a great walk-in activity and party idea for boys and girls as well as adults as it is not just a great day out - it is the ultimate fun activity and birthday party experience.

Each player must wear a special themed jacket

and uniquely designed back pack which impressively keeps track of how many times you manage to shoot your opponents and also how many times you get shot yourself. The guns can be modified to accommodate a seven-year-old's party or a Corporate Adult Team Building exercise. With all the excitement of recent arcade games, Laser Kombat is the one to be the champion of.

The Laser Kombat arena is suitable for everyone





from aged seven years and over and can accommodate up to 40 players (40 children or 30 adults). date up to 40 players (40 children of 30 adults). Each Laser Tag game lasts for 20 minutes and costs £6 per game (Friday-Monday, School and Bank Holidays) and £5 per game (Tuesday—Thursday Term Time Only) and players can make the most of its special offer of Buy Two Games and Get the Third FREE.

Laser Kombat, which is open from 3-10pm, Monday to Friday, and 10am to 10pm on Saturday, Sunday and school holidays, looks forward to seeing you very soon.

For further information visit its website at www.laserkombat.co.uk or call 08450 345 111.

We have teamed up with Laser Kombat to give away a great Ultimate Force Party for 25 children worth a massive £500! To enter just answer the following question.

O: What is the name of the new laser tag

arena in Basildon?

A: Laser Battle B: Laser Kombat C: Laser Clash

To enter the competition telephone your answer -A, B or C - to 0901 307 0153 along with your

name, address, telephone number and e-mail.
Alternatively text YAKOMBAT (space) followed by A, B or C, and your name, full address and e-

Calls cost 51p from a BT landline. Calls from other networks may vary and from mobiles will cost considerably more. Texts cost 50p plus your standard network rates. If you do not wish to receive details on any other products or services, please text EXIT at the end of your message.

Lines close on Thursday, May 10, 2012. Entries

received after the closing date will not be counted but may still be charged.

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Competition winning DJ entertains crowds

A DJ entertained shoppers in Dagenham on Saturday with his creative skills.

DJ Lox had entered a competition run by Waltham Forest community radio, Streetlife, and the Dagenham branch of Cash Generators

Streetlife Radio said it prides itself on providing a platform for new musical and artistic talent, and was looking for a budding

Both organisations said DJ Lox's demo, which featured some of his favourite house tracks, really stood out.

In addition to the exclusive performance in store, DJ Lox won £250 worth of DJ equipment including turntables, mixer and microphone.

He said: "I entered Sound of

the Underground competition as it was a great platform to promote my DJing skills. It was fun to do and I'm thrilled to have won. The gig at the Cash Generator store in Dagenham was fantastic."

> speedread

Theatre production

THE Broadway Theatre, in Barking, will be welcoming the Tutti-Frutti Theatre

company on Thursday, May 17.

The company will put on a production of the classic fable, The Hare and the

The story is about racing, opposites, time and friendship and promises to wow audiences with lively characters and music to capture youngsters' imaginations.

It is suitable for ages three upwards. Book tickets now by calling 020 8507 5607 or go online at www.thebroadwaybarking.com

The Apprentice comes to town

ROMFORD market had a starring role in one of Britain's top TV shows.

The market appeared in Wednesday's edition of The Apprentice, where applicants had to sell budget items.

Hospice marathon runners

A TOTAL of 40 people took to the street and raised £60,000 for one of the area's best loved charities.

People entered the London Marathon last Sunday, April 22, for St Francis Hospice, in Havering-atte-Bower. They included Gill Hagan, who comes from Ingatestone and works for Queen's Hospital, in Romford. She ran dressed as a penguin and finished in seven hours. She was running in memory of her

father, Terry, who was treated by the hospice's nurses at home before his death in 2001. She said: "The crowd were brilliant, and when it got tough I thought about the reason I was doing it, for my Dad and for the hospice."

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Man's hand hacked at in attack speedread

POLICE in Ilford are appealing for witnesses after a man had his hand hacked at with a 12-inch knife by robbers trying to steal his suitcase.
The 27-year-old victim,

was walking in Riverdene Road near the junction with Britannia Road, Ilford, at about 10.25pm on Tuesday, April 10 when he was set upon by three men.

Police said they beat him to the floor, constantly trying to grab the purple suitcase he was holding.
One produced a 12-inch

knife and began hacking at the victim's wrist.

They eventually got away with the bag but dis-carded it nearby. Nothing was stolen.

The three suspects are believed to have got into a white vehicle, which drove off along Britannia Road or Riverdene Road away from Roden Street.

Police said they are looking for three Asian men, all aged between 25-30 and all around 5ft

The victim suffered extensive wounds to his arm, wrist and hand.

making great progress but it will be some months before he is back He was taken to hospital for treatment, later undergoing surgery at a specialist unit.

Police said they could not reveal the identity of the victim or the content of the suitcase, because





Investigating officer PC Paul Fuller, from Ilford

squad, said:

initially

"This was a vicious attack

by a group of suspects who, in their efforts to

steal the suitcase, caused

considerable injury to the

believed the victim may

not fully recover all the

function in his hand. "Fortunately he's been

extremely lucky and is

Information to 020

8345 2653 or via e-mail

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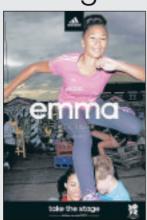
robbery

victim.

"Doctors

to normal."

Young athlete stars in advert



A BUDDING heptathlete from Newham has been selected to take part in an Adidas advertising campaign.

Emma is one of 32 outstanding talents chosen from across London to be selected for the 60second advert for the sportswear firm's 'take the stage' campaign ahead on the Olympic Games. The initiative aims to 'identify,

nurture and celebrate' the abili-

ties of the young achievers.

Each story has been documented into a short film which is available to view at www.adi-das.com/all2012 as well as bus stop and billboard advertising. As part of the campaign, Emma

was given the chance to train with top track and field athletes, Chris

Tomlinson and Goldie Sayers. Emma said: "Both athletes said that I was good at their event which made my heart go all warm and bubbly!

"It made me feel good about myself and that I've achieved

something.
"I had the chance to really scrutinise two areas that I compete in and I got some invaluable advice from two of this country's best athletes

"I feel more confident now that I can push on and hopefully one day I'll be lining up at the Olympic Games, representing my

LEAP: Emma is pictured for the advertising campaign.

Woman attacked

DETECTIVES have appealed for information after a woman was found beaten in Abbotts Park,

Leyton.
The 22-year-old was found with cuts and bruises to her arms and legs as well as cuts to her eye at about 4.20pm on Wednesday, March 28. She had been walking in the park when two men approached and started talking to her. She did not respond and walked away from the pair, who ran up and punched and kicked

The pair ran off through the Abbotts Park Road exit towards Skeltons Lane.

Information to DC Becky Woodsford on 020 3276 0966.

Bogus caller

TWO pensioners were victims of artifice burglaries last Thursday in incidents not being linked by police.

In one incident, an 80-year-old woman heard a knock at the door of her home in Harold Road, Leytonstone, at about 10.30am. She answered to see two men, one of whom said he was working in the area and needed to check her water pipes. He is described as a white

man, around 6ft tall, aged in his late 30s to early 40s, of medium build and short black hair. He was wearing a black jacket and dark trousers. He spoke with an English accent.

Those with information should call DC Vicky Cullen on 020 3276 0999.

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Mayoral candidates call for air inquiry

By Peter Henn

MAYORAL candidates are supporting calls for a public inquiry into air quality and air pollution in London.

More than 4,000 people die every year because of pollution in the capital, according to official figures.

However, successive govern-ments have been accused of ignoring the issue.

The government has also made use of a loophole in the law, which allows it to exceed European-set limits without being fined.

The call for an inquiry was made by the 'Cabbies Against Boris' action group, which has said the Mayor's strategy for

air pollution was not effective. Green candidate Jenny Jones supported the call for the enquiry, saying it was time for something to be done. She said: "Air pollution is the second biggest killer in the capital, and it's rapidly becoming the number one health issue

for Londoners.
"We simply cannot go on as we are.

The Liberal Democrats' Brian Paddick has supported an inquiry, but has demanded more is done sooner to clean up the air.

He said: "We can't really

afford to wait for the outcome of a lengthy inquiry.

"It is a scandal that 4,000

people a year in London die from the effects of poor air quality and we will keep on campaigning to ensure that this topic remain on the top of all politicians' agendas so that real action is taken now, not just the ineffective and temporary measures that Transport for London (TfL) are trialling

Labour's Ken Livingstone said it was 'absolutely right'

at the moment.'

that an inquiry was called.

The former Mayor said: "The thousands of children growing up with asthma need a Mayor who takes air pollution seriously.

Mr Livingstone has previously admitted that he could have done more to cut emissions during his eight years as

The Clean Air in London campaign group welcomed the calls for the inquiry. Director Simon Birkett said: "Clean Air in London enthusiastically supports the call for an inquiry to build public understanding of the dangers of air pollution with advice for people on protecting themselves and reducing pollution.
"However, it is vital there is

no let up in the pressure on Boris Johnson and the Government to act immediately to reduce pollution levels that are the highest of any capital city in Europe.'

Candidate Independent

also supported an inquiry.

Seven sites in London have been found to exceed yearly limit rates for deadly Nitrogen Oxide (NOx) particles, with three of them exceeding hourly

The Mayor's office has blamed wind blowing pollution from the Continent - a claim which the EU has rubbished.

A spokesman for Transport for London said the organisation was 'committed' to improving the capitals air qual-

A spokesman said: A number of city-wide and longer term initiatives have already been introduced in the capital this year to drive down pollution, such as introducing low emission vehicles, using cleaner buses, banning the most polluting taxis and tightening the Low Emission Zone standards.

"TfL has also introduced a number of targeted measures at key locations across the capital to reduce PM10 and included a green wall at Edgware Road Tube station, the application of dust sup-pressants, a no engine idling campaign and taxi marshalling.

Boris Johnson has said he will not support an inquiry if re-elected. A spokesman for his campaign said: "We have a strategy and a clean air fund."

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FUN: Celebrations

SCORES of local people enjoyed the celebration of Visakhi – the harvest festival of the Punjab.

Music and food was provided by the Ekta project action group for Asian elders

The celebrations took place the Ramgharia Community Centre Neville Road, Forest Gate, Newham

Visakhi celebrated

Ramesh Verma OBE, chief executive officer of the Ekta wonderful day. Many of the people who benefit from the Ekta project are isolated and frail so it was good to get these people together."

For more information e-mail ekta_info@yahoo.

project, said: "This was a com or call 020 8514 5221 **May fair at Valentines Mansion**



Chinloy at Valentines Mansion.

Picture by Mark Cleveland

A FAMILY fun day is being held on Saturday, May 19 inside the surroundings of Ilford's historic Valentines Mansion.

There will be maypole dancing on the south lawn at the Emerson Road site, while organisers will also be arranging jewellery stalls, cup cakes, carpentry, card making, badge making, and book stalls.

There will also be a Punch and Judy show.
Chairman of the Friends of Valentines
Mansion, Barbara Norcaro, said: "Some of the artists at the mansion will also open their studios to the public.

"This is our tenth May fair. We have run it many times even before the house was restored."

For more information about the event, which runs from 11am until 4pm, call Barbara on 020



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WOMEN seeking

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CURVY fit, attractive black lady, 5ft 7ins, 40. seeks affectionate, fit, Caucasian male for friendship, maybe more. Tel No: 0906 500 3766 Box No: 389699 🖞

AMANDA honest pretty single mum, 30, big brown eyes, attractive, seeking single male/dad for lots of tic and companionship, pls call. Tel No: 0906 500 3766 Box No: 389737 MICHELLE fit trendy 40's female, no ties, good job, OHAC, fun to be with, looking for honest trustworthy male for friendship, poss ltr.

Tel No: 0906 500 3766 Box No: 389757 TRUDIE blue eyes, dark hair, solvent, OHAC, enjoys life, spending money, going out, seeking genuine male to enjoy life with and spoil. Tel No: 0906 500 3766 Box No: 389755

ATTRACTIVE black female, likes keep fit, travel, cinema, socialising, seeks honest genuine male for friendship, maybe more. Tel No: 0906 500 3766 Box No: 389547 🗐

SANDRA 5ft 8ins, looking for fun loving male for holidays, weekends away, cinema and concerts. Tel No: 0906 500 3766 Box No: concerts. 388225

CURVY lady, size 18, 52, seeks honest, decent male, 40-50 for lasting relationship. Tel No: 0906 500 3766 Box No: 387343 🗎

ATTRACTIVE young 59yr old female, 5ft 6ins, dark hair, brown eyes, N/S, many interests, seeks tall, slim, young at heart, caring gent, 55-65 for friendship, maybe more. Tel No: 0906 500 3766 Box No: 384197



WIDOW needing company, sociable, outgoing 75, taken for 65, feeling 55, 5ft 7ins, elegant likes dancing, seaside, coach holidays animals, theatre. Tel No: 0906 500 3766 Box No: 389423 ft

SIMONE black 32, likes travel, music, animation, books, dancing, seeks tall white male, 22-42 for serious, loving LTR and friendship. Tel No: 0906 500 3766 Box No: 381783 ₩

JASMINE 36yrs, looking for lover friend and soul mate to share my life with. I'm attractive, loving, green eyed, curvy and tactile. Single dad welcome. Tel No: 0906 500 3766 Box No: 388981

51YR old female, blondish hair, brown eyes medium build, seeks reliable, genuine male 45-57 with GSOH for nice times, meals etc. Tel No: 0906 500 3766 Box No: 389263 🗎

FEMALE 62, looking for genuine, sincere, kind gent, 60-70 for LTR. Tel No: 0906 500 3766 Box No: 386685 ∯

CAROL attractive blue eyed blonde, slim, size 10ins, GSOH, great entertainer, good cook, well mannered, cheeky, sensual, romantic. So why am I single? Call me. Tel No: 0906 500 3766 Box No: 388979

ANNE new to the area, loves travel, cinema, theatre, seeking sane happy male to share social, fun, romantic and loving times together. Status unimportant. Tel No: 0906 500 3766 Box No: 388977

Box No: 388977

SANDRA young 64, likes meals out, country pubs, boot sales, places of interests, seeks nice, sincere, honest gent, 60-70 for friendship, maybe more. Tel No: 0906 500 3766 Box No: 388725

TRIXI looking for older respectful gentleman for fun times only. I am bubbly very fun and can accommodate. Tel No: 0906 500 3766 Box No: 388135

NICOLE lonely and looking for love, cultured, intelligent, beautiful, creative and looking for sincere male for mature loving ltr. Tel No: 0906 500 3766 Box No: 388145

VANESSA attractive, glamorous black lady, 5ft sins, curvy size 14, seeks caring, loving, solvent, generous, white male, 35-55 for fine dining and travel. Tel No: 0906 500 3766 Box No: 387184 ₫ 🐷

BLACK female, 39, seeks white male, 50-59 for serious relationship, possible marriage. Tel No: 0906 500 3766 Box No: 390390

LADY early 60's, likes the arts, country walks, seeks educated, cultured gent for possible romance. Tel No: 0906 500 3766 Box No: 384961

5FT 7ins female, dark hair, medium build, likes travel, music, socialising, seeks male, 25-50 for friendship/LTR. Tel No: 0906 500 3766 Box No: 390342

VERY attractive female, 61, likes travel, theatre, nights in, seeks white, Christian male, 60-67 for friendship, leading to romance. Tel No: 0906 500 3766 Box No: 387745

CURVY attractive, intelligent black lady, 45, seeks male of similar age, any nationality with conscience, caring, considerate ways. Tel No: 0906 500 3766 Box No: 389886 🗒

BLACK woman, 40's, caring profession, average build, home owner, funny, reliable, caring, seeks white male of similar age, professional, honest and funny for LTB. Tel No: 0906 500 3766 Box No: 386921

21YR old female, dark hair, hazel eves confident, likes music, seeks male for relationship. Tel No: 0906 500 3766 Box No: 385473 ₪

ATTRACTIVE slim, good looking, warm, kind, black female, seeks educated, cultured, funny good looking man for relationship. Tel No: 0906 500 3766 Box No: 385931

TINA 50 plus, young looking, widow, kind, hardworking, seeks male for friendship, maybe more. Tel No: 0906 500 3766 Box No: 386971

ATTRACTIVE Capricorn female, good sense of humour, mid 40's, N/S, likes most things, cinema, meals out, pubs, looking for genuine No: 0906 500 3766 Box No: 334685 🗒 🌃

MARGARET 64, from Ghana, tactile, likes most things, looking for male, 64-75 for friendship, maybe more. Tel No: 0906 500 3766 Box No: 381929 🗐

BEV early 40's, three children, 5ft 8ins, brown hair, green eyes, medium build, GSOH, honest, reliable, caring, likes cinema, theatre, meals out, seeks male for happy times. Tel No: 0906 500 3766 Box No: 386709 ₿

TOUNG at heart female, 60, 5ft 6ins, dark hair, hazel eyes, likes music, travel, meals out, seeks young at heart, tall gent, 58-64 with GSOH for friendship, maybe more. Tel No: 0906 500 3766 Box No: 386689

LILIAN 50's, young looking, employed, outgoing, likes cooking, socialising, music, meals out, dogs, seeks male for friendship, maybe more. Tel No: 0906 500 3766 Box No: 381237 🖞

LADY kind, caring, loving, seeks white male, single, mature, loving, caring, 46-69 for loving relationship. Tel No: 0906 500 3766 Box No:

LIZ 70's, blonde blue eyes, medium build, 5ft No: 0906 500 3766 Box No: 382817

ATTRACTIVE 44yr old black female, 2 children, seeks attractive black male 40-50 for fun and excitement. Tel No: 0906 500 3766 Box No: 380421 ₫

SUZANNE 35, beautiful blonde, seeks discreet male for chats and a relaxing glass of wine anytime. ACA, status unimportant. Tel No: 0906 500 3766 Box No: 342527 🖞

HAPPY go lucky 50yr old female, blonde hair, blue eyes, seeks genuine, happy go lucky male of similar age. Tel No: 0906 500 3766 Box No: 359051

BOX No: 359051 W 2007 STUNNING vivacious female, long blonde hair, lovely legs, slim, loves motorbikes, seeks tall, hunky male for a wild and passionate relationship. Tel No: 0906 500 3766 Box No: 370348 (§)

BRIGHT bubbly, curvy blonde, bit of a romantic, seeks loving male to share the fun loving side of life with. Looks unimportant. Tel No: 0906 500 3766 Box No: 338461 ₿

MEN seeking

LOOKING to meet or chat to someone. look no further: text CHAT817 to 65125

MALE seeks large lady of any age for fun and friendship. Tel No: 0906 500 3766 Box No: 390846 🗒

GOOD looking male, 5ft 11ins, dark hair, blue eyes, enjoys pubs, days out, most things, seeking lady with similar interests. Tel No: 0906 500 3766 Box No: 389713 ₿

CHRIS 50, medium build, brown hair/eyes, glasses, many interests, seeks petite-medium build, N/S lady, 50 plus. Tel No: 0906 500 3766 Box No: 390718 @ ##

43YR old male, attractive, smoker, likes weekends away, pubs, seeks caring, attractive female for friendship, maybe more. Tel No: 0906 500 3766 Box No: 268448

JIM young 60, lots of love to give, looking for female for relationship. Tel No: 0906 500 3766 Box No: 389622 🖁

TONY bi polar man, seeking bi polar female, 6ft, blue eyes, 14st, likes music, theatre, travel, seeks likeminded woman. Tel No: 0906 500 3766 Box No: 388707 A

HANDSOME male, 43, 5ft 9ins, likes dancing, outings, nights in, seeks female to love and cherish for good times. **Tel No: 0906 500 3766 Box No: 383009** [®]

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ACTOR/ARTIST model, likes art, stately homes, countryside, walks, seeks bubbly, outgoing, friendly lady. Tel No: 0906 500 3766 Box No: 389537

ATTRACTIVE blond, blue eyed male, 48, genuine, sincere, fun loving, OHAC, GSOH, seeks sincere fun loving, female. Tel No: 0906 500 3766 Box No: 389525

DAVID 28, professional, seeks similar aged female for fun times. Tel No: 0906 500 3766 Box No: 390776

STEVEN 44, black British, seeking lady for LTR. Tel No: 0906 500 3766 Box No: 390494 🗒

40'S male, slim, 5ft 10ins, fit, likes outdoors animals, walks, seeks slim-medium build female with GSOH for friendship, maybe more. Tel No: 0906 500 3766 Box No: 337073

DAVE mid 40's, slim, fit, likes beach, walks, outdoors, sports, animals, seeks female for fun and friendship. Tel No: 0906 500 3766 Box No: 312675

A8YR old white gent seeks black lady for LTR.
Any age/looks/nationality, must be genuine and sincere. Tel No: 0906 500 3766 Box No: 380300

389399 ANDREW tall 5ft 11ins, brown hair, green eyes, outgoing, looking for fun times and chats. Tel No: 0906 500 3766 Box No: 389353

389353
HALF Dutch, blond hair, blue eyes, slim built, attractive legal professional WLTM slim, attractive female 25-36yrs. Tel No: 0906 500 3766 Box No: 389207 ³⁶
RESPECTFUL N/S male, 63, 5ft 9ins, fit, loves

travel, animals, seeking petite lady for romance 55-60yrs. Tel No: 0906 500 3766 Box No: 389335 ₿

YOUNG looking 65yr old white North Londoner, 11st, 5ft 10ins, n/s, seeks nice looking slim white early 60's lady. Tel No: 0906 500 3766 Box No: 389299

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500 3766 Box No: 355984 ₩

BRUCE seeks older male, 60's for fun and friendship. Tel No: 0906 500 3766 Box No: 390820 🗒

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GAY male 50, CD, looking for older guy for discreet friendship. Tel No: 0906 500 3766
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CAMPAIGN: Chaseview's Sandy Somerville (centre), Bupa's community and partnership manager, Siobhan Drane and RSPB's project manager Gabrielle Layzell.

Save the sparrow

VOLUNTEERS are needed to help local care homes save the much loved bird – the sparrow.

Research by the RSPB shows numbers of the tiny brown bird have dropped by 55 per cent since 1979.

As a result of a rapid decline in numbers in recent years, the UK house sparrow is afforded the highest conservation status.

Elderly residents at Harts House nursing home, in Woodford Green, and Gable Lodge residential home in Loughton, are creating sparrow friendly gardens to help reverse the sparrow's decline.

The project is being backed by the RSPB, who are linking up with care homes across the UK to give support and advice about the best ways to create wildlife havens for species that are currently in decline

are currently in decline.
Gabrielle Layzell, RSPB's project manager: "Although house sparrows are still seen in many gardens, their numbers have dropped significantly,

which we believe is because there is simply less wild space and food available in gardens.

"We've already had some great feedback from care homes about their plans to encourage more wildlife into gardens."

Altogether, about 300 care homes across the UK are taking part in the save the sparrow campaign.

For information regarding wildlife week, which starts on Monday, call 0845 600 4622.

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Police hunt missing man

POLICE are appealing for information to help trace a missing pensioner from Newham.

Lesley Woodrow, 83, was last seen at about 9.30pm on Wednesday, April 25 leaving his home in Tarling Road, Victoria Docks.

Mr Woodrow is described as a white man of medium build with blue eyes. He has white hair, a white beard and walks with a distinct shuffle. It is believed Mr Woodrow was wearing a black parker style jacket when he was last seen.

He suffers from a medical condition which leaves him easily confused and prone to falls. He is known to sometimes frequent the Finchley area.

Anyone who has seen Mr Woodrow or has information of

his whereabouts is asked to contact Newham Police on 101 and quote ref: CAD 4148 of 26 April.

> speedread

Football tickets

TICKETS for the London 2012 Olympic Football Tournament, are now on sale, and will be until 11pm on Sunday.

Tickets can be bought by visiting www.tickets.london2012.com and will be sold on a first come, first served basis.

Summer ball

GRAB your glitter, make a mask and glam up for London's oldest children's hospice's summer ball.

Richard House, based in Beckton, and the Hilton London at Canary Wharf have teamed up to present the midsummer masked ball on Thursday, June 14.

The glitzy evening will open with a champagne reception followed by a three-course meal and an evening of live entertainment.

Fo tickets call 020 7540 0213 or e-mail vivT@richardhouse. org.uk

Benefit cheat

A MAN who failed to notify Barking and Dagenham Council that his Jobseeker Allowance had stopped on June 14 2010 was sentenced to a community order with 120 hours unpaid work. Nelson Almeida Tavares, of

Ibscott Close, Dagenham, pocketed nearly £4,000 in housing and council tax from June 2010 to March 2011.

The court heard he was offered the chance of paying an

administrative penalty. However, despite three offers he failed to respond and was taken to ADVERTISEMENT





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This prestigious organisation only accepts the For further information visit Dolphin Windows best, and goes to great lengths to ensure they at **2 Winchester Road, Highams Park,** stay the best, so customers at Dolphin Windows **Chingford, E4 9LN,** or call them on 020 8127 3937.



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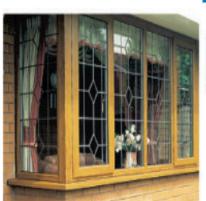
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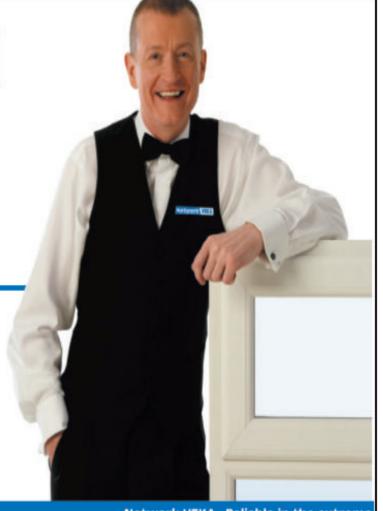




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DONATION: Store manager Mahesh Subamani and his team presents Hannah Bosley and Laki Kaur from Richard House Children's Hospice with a £500 donation .

Every Little Helps for hospice

A NEW Tesco Express store has celebrated its launch with a donation to Richard House Children's Hospice.

Community fundraiser Hannah Bosley and service user Laki Kaur were the guests of honour when the new Tesco Express store opened on Royal Victoria Dock, and were invited to cut a ribbon to declare the new store officially open.

Store manager Mahesh Subamani and his team presented Hannah and Laki with a cheque for £500 as part of their launch celebrations.

Hannah said: "I would like to thank Mahesh and his team for this generous donation which will make an immediate impact on our work. We rely on the support of the community to provide vital funds and keep our services going."

Drivers targeted

doors and

conservatories.

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OFFICERS from Barking and Dagenham Police took part in Operation Cubo – a Metwide day of activity aimed at curbing criminal activity by targeting uninsured drivers.

A total of 32 vehicles were seized during the initiative which took place in Abbey Road, and five arrests were made for various offences.

The penalty for driving without insurance is six penalty points and a £200 fine, this can even lead to a driving ban.

Bomb hoax

POLICE are seeking information following a bomb hoax in Leyton last Thursday.

A group of four schoolboys were seen to place a white safe-type box on a bench opposite 472 High Road, at the junction with Vicarage Road, take pictures and leave.

Three of the boys were white and the other is black.

The incident happened at about 3pm. If anyone has any information in relation to this incident, please contact DS Brian Jones on 020 3276 0967.





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College students start health campaign

TRAINEE care workers at Newham College have started their own health camed their own health came.

The 20 health and social care students are working on a 'NewYear NewMe' pro-gramme of health eating,

exercise and sports.

They hope that their experience will inspire them to

rience will inspire them to actively promote their future clients' health and fitness.

Lecturer Edith Stokes said: "Our experience is that developing your physical fitness can improve your whole outlook on life. Care workers are in a great position to use fitness and health to help their clients to help their clients.

"We've organised a programme of healthy activities for our students on top of

change other people's lives.

"Experience of hardships has spurred on some of our students to gain more con-trol over their lives. They see training and education as a way to improve their employment outlook and physical fitness as a way to improve their personal out-

The programme is the first of its type in the college and includes classes in diet, circuit training and sports such as netball, basketball, and

swimming.
The college's catering service provides the diet classes and its extra-curricular sports department delivers

the sports and exercise.

Nanybai Said, 22, from East Ham, believes the programme will help her when

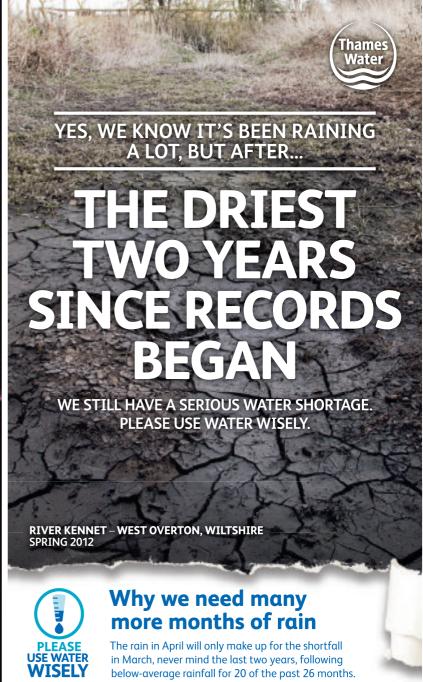
she becomes a nurse.

She said: "I think too many people are unhealthy. I definitely would pass on what I know to other people and also to my family and friends. They are surprised to see me not eating junk food and they do listen to

"I have more energy and I feel happier. I have headaches and dizziness but I've had fewer since the pro-

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Crippling pain could not stop Nicholas

A SIXTH form pupil who raised £3,000 for a children's hospice the running London Marathon said he cannot wait to do it again - despite crippling pain.

Nicholas Osborn, 18, from Chigwell, carried on regardless, despite the agony he suffered from an old knee injury. He said: "My fami-

ly and the crowds

were urging me on in spite of my aching which muscles became unbearable at around 18 miles.

"I would certainly do it again, the jour-ney of training and the climax of it all on race day was a unique experience which shaped me hugely.

"I can't wait to put the running shoes back on!"

Chigwell School pupil crossed the finishing line in The Mall on in Sunday 18mins despite still recovering from a sport-related injury. Nicholas decided to run for Havens

Hospices to thank staff for the care it is providing for his cousin, Laurel, who has a genetic disease.

He added: "I wanted to run to celebrate the great life Laurel has had and raise money for the place that cares for her so

well.

"The day was an absolutely fantastic experience. I ran it with my uncle who was an unbelievable help at crucial times.

"What struck me most was the support the crowd offered"



Kind hearted shoppers raise cash for charity

hearted Woodford shoppers have raised hundreds of pounds for charity.

The customers visiting Waitrose decided they wanted the store to donate money to St Clare's hospice. Each month the store

selects three charities, and customers are given a green token at the tills and can choose which of three charities to support by throwing their token into the relevant

St Clare's received the highest share of the £1,000

funding available.

Dave Bishop, the hospice's community fundraiser, said:
"Every penny counts when it comes to raising the money needed to help us provide our services and so I would also like to thank the many customers who dropped their green token into the St Clare bin when shopping last month which resulted in us receiving such a fantastic amount of

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Daybreak Counselling and Training, St Luke's Daybreak Centre, Dage Dagenham, RM10 7UP Tel; 020 8595 2010

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Please check with your clubs for opening over the Bank Holiday period.

Saturday, May 5

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also sunday way 6.

Open Day, Upminster Windmill, The Mill Field, St Mary's Lane, Upminster, 2pm-5pm, free conducted tours, adults must accompany children aged 5-16 years old, also Sunday, May 6, details 0300 030 1803 or visit www.upminsterwindmill.co.uk Havering Sail Club, Stubbers Outdoor
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Tennis - Small friendly Tennis Club in Ilford,
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afternoons), low fees, over 50s welcome,
details Tom 020 8593 4365 or John 020
8592 1609.

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Garden Organically - Come and join our

small friendly cooperative at Gale Street
Organic Growers, Saturdays and
Wednesdays, not just an allotment but a
community garden, details 07815 500190.

Sunday, May 6

■ Walk - Ramblers' West Essex Group ■ Walk - Hamblers West Essex Group, meet 10.30am, outside Angel Tübe, 5.5 mile linear walk to Canary Wharf, mid-morning break Victoria Park (tea/toilets), shops and pubs available at end.
■ Walk, Epping Forest HF Group, meet

10.30am Upminster Bridge Station, 19ed brisk walk in the local area, bring packed lunch. 020 8504 1329.

Strides Badminton Club - Wanstead Leisure Centre, Redbridge Lane West,

Letistre Certife, reducingle Late West, Sundays 3:30pm, new members welcome, aged 18 years and over, all levels, beginners average and advanced players, details Mark 020 8598 8435 (before 9:30pm).

Goresbrook Squash Club - We run Essex

Squash Men's and Ladies teams every

Sunday 6.20-9pm, £3. 07814 902002. Sunday Service - Lighthouse Chape International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm.

07974 108350. ■ Sunday Services, Kings Road Baptis ■ Surlay Services, Fulligs nead begulist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm. ■ Sunday Services - Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am-

All Age Molming Service - hulgeway Evangelical Church, The Ridgeway, Chingford, every Sunday 11am, further details Pastor, Paul John 020 8524 1410. Celebration - Eastern Avenue Baptist Church, East Road, Chadwell Heath, every Sunday 10.30am, 020 8599 1479

Sunday 10.30am. 020 8599 14/9.

Service with Clainvoyance - Little Ilford
Christian Spiritualist Church, Third Avenue,
Manor Park, every Sunday 6.30pm, all welcome, no charge, freewill offerings accepted.
020 8514 4030.

Monday, May 7

Forest Walk - Ramblers' West Essex Group, meet 10.30am Chingford RFH, starts car park opposite Royal Forest Hotel, 5-6 mile circular towards High Beach, pub/café at end of walk.

May Day Fair - Chigwell Green, (opposite ■ May Day Pair - Onligwell creeft, (opposite shops), fun and games for everyone, noon-4pm, bouncy castles, Pimms tent, barbecue and much more, admission free, organised by the Rotary Club of Chigwell.

Church Hill, Loughton, for singles 50 plus, Mondays 7.30pm, 07986 472527.

Tuesday, May 8

Illustrated Talk - NF London RSPB. Snaresbrook Primary School, Meadow Walk, South Woodford, 'Finding Jewel Thrushes - a quest for these beautiful but elusive birds', start 7.15pm, admission £2.50, further details 020 8989 4746.

£2.50, further details U20 8989 4746.

Meeting - Waltham Forest Family History Society, Spruce Hill Baptist Church Hall, Brookscroft Road, Walthamstow, second Tuesday each month, 8-10pm, enquiries Barrie 020 8527 4807.

Meeting - Epping Forest and District
Stamp Club, Roding Valley High School, T8
Room, Alderton Hill, Loughton, meet every second Tuesday of each month, 7.30pm. Meeting - Fibromyalgia Friendship and Support Group, The Diabetes Centre, Buntingbridge Road, Newbury Park, Ilford, second Tuesday of the month, 1-3pm.

■ Meeting - Ilford and District Aquarists and Pond-keepers Society, Gants Hill Reform
Church, Woodford Avenue, Gants Hill, (lower half in Ethelbert Gardens at the back of the church), second Tuesday every month.

Club - Barking and Dagenham Plus, The

White Horse Inn, 118 High Road, Chadwell Heath, meet new friends and get involved in Heatn, meet new menos and get involved in the local community, for everyone aged 18-35, every Tuesday 9pm, free trial member-ship, further details Joe 07958 669339. © Coffee Shop - Eastern Avenue Baptist Church, East Road, Chadwell Heath, every

Church, East Road, Chladwell Heath, every Tuesday 10am, games, videos, friendship, all welcome. 020 8599 1479.

Stroke Club - Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, Tuesdays 1.30-4pm. 020 8595 3973.

Wednesday, May 9

■ Gardening Club - St Albans Church Hall. Albert Road, Ilford, meet second Wednesday of month, 7.30pm, speakers, raffle, tea, occasional outings.

Meeting - King of Hearts Cardiac Support

Group, Fullwell Cross Library, Barkingside

Group, Fullwell Cross Library, Barkingside, Ilford, 7.30pm, come along and see, cardiac rehab problems. 020 8500 7095.
■ Wings for Women Support Group - For women who have experienced Domestic Violence or Abuse, Wednesdays 6.30-8.30pm, 0208 556 7111 or 020 8923 7498.
■ Meeting - Talking Hands, a friendly Club for the Deaf and Hard of Hearing, Wednesdays 10.45am-2.45pm, York Room, Ilford Library.
■ Table Tennis, Forest Community, Guildford Road, Walthamstow, every Wednesdays

■ Table Harnis, Forest Confinitinity, Guildroit Foad, Walthamstow, every Wednesday 8pm, new members welcome, details Ray Massey (20 8524 428) ■ Meeting - Friends Club, St Cedds Church Hall, Blythewood Road, Seven Kings (opposite Homebase), Wednesdays 1-4pm,

(opposite Hornease), weednesdays 1-4pm, short mat bowls and snooker, 50p.
■ Live Blues Jam - Coach and Horses, 391 High Road, Leyton, featuring guests, regulars and house band musicians, entrance £2 listeners, £1 musicians, all welcome singers and drummers especially, every Wednesday, 8.30-11.30pm. 020 8502 0351.

Ilford No. 1 Senior Citizens Club - Royal British Legion, Durban Road, Seven Kings, Ilford, every Wednesday 12.30-3pm, call Eddie 020 8551 5079.

Thursday, May 10

Cheeky Monkeys Playgroup - St John's Church Hall, Leytonstone, Thursdays 10am-noon, toys, crafts, singing. 07740 586926. Meeting - Wanstead Rotary Club, County Hotel, South Woodford, every Thursday 1-2.15pm, call David 020 8989 2701.

Meeting - Barking and Dagenham
Friendship Club, Methodist Church, London
Road, Barking, Thursdays 2-4pm, £1.50 a
session, mainly for people who have had a sad loss to make new friends, 020 8594

Woodford Symphony Orchestra - A friendly amateur orchestra, which performs concert and major symphonies in Redbridge, rehearsals every Thursday evening. 020 8504 7783

■ Dagenham Camera Club - Wantz Library, Rainham Road North, Thursdays 8-10pm. 020 8252 2934.

■ Forest Creative Writers Group - Jazz

Archive Room, Loughton Library, Traps Hill, Loughton, 12.45-2.45pm, Thursdays (term

tme).

Social Group - Barkingside Sports and Leisure Group, Carvely Function Room, Gants Hill Methodist Church, Gants Hill Crescent, Barkingside, for 18-36 year olds, Thursdays 9.15pm. 07941 493067.

Friday, May 11

■ Mummy Boot Camp - Wanstead Youth Centre, exercise with your baby, Fridays
11am, to book call 07719 626642.

Friendly Club - Pensioners Club at United

Prie iniy Club? Fei sion ires volla di Oi lieu Services Club, Blake Avenue, Barking, Fridays 12.30pm-3pm, all pensioners welcome. 020 8517 6256. ■ Meeting - Redbridge 18 Plus, York Room, Ifford Central Library, Clements Road, Ilford, Fridays for 18 to 36 year olds, sports and

social club.

Pipes and Drums - Waltham Forest Pipe Band, Royal British Legion, 31 Dunton Road, Leyton, pipers, drummers and learners welcome, Fridays 8pm, 020 8520 1727.

Yoga Classes - Parkside Community

■ Yoga Classes - Parkside Community
Association, Ilford, Friday afternoons,
beginners welcome. 020 8590 7497.
■ Yoga - Faircross Community Centre,
Hurstbourne Gardens, Barking, 2-3.30pm,
details Jean 07946 215996/020 8591 5830.
■ Breathing for Health - Faircross Breatning for Health - Faircross
Community Centre, Hurstbourne Gardens,
Barking, 4-5pm, details Jean 07946
215996/020 8591 5830.
Flamenco Dancing Classes - Scout Hall, 1
Stephenson Road, E17, Fridays 9.45

10.45am, beginners welcome, (term time).
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motoring news

Economic driving

row, petrol prices won't ever see the £3 gallon again. So the economyminded motorist has two avenues to explore: seek out the most fuel-efficient cars and learn to drive more efficiently to save money and the environment. But how? Martin Holzhofer, the man in charge of General Motors European ECO model programme, offers these top practical hints to wallet-friendly motoring.

Reap the benefit

Regular routine maintenance is essential. It is also important to check the tyre pressure because low-pressure causes increased rolling resistance and costs more money in two areas - in fuel and tyre wear.

Those who are determined to get the maximum fuel economy may choose to inflate the tyres up to one or two tenths of a decimal point above the specified pressure in bar. Another useful tip is not to carry unnecessary ballast around in the boot. A 100-kilogram load can result in increased fuel consumption by more than five mpg in town driving.

For further fuel-saving success, don't leave the roof rack on when you dont need it.

Turning off electrical accessories like air

conditioning, rear window demister or additional lights also results in fuel saving, because they all use some fuel in their operation.

Look ahead

While on the move, the golden rule is to look well ahead and maintain steady speeds. Unnecessary accelerating and braking not only costs fuel but frayed nerves as well. Accelerate briskly but not aggressively: its better to press the accelerator pedal down further in a higher gear than to run the engine up to high revs. Shift up to top gear as soon as you can. Drive in fifth



gear from around 30 mph and keep to low revs (between 2000 and 3000 rpm) when-

Switch off the engine for stops of one minute or longer. The engine burns fuel even while idling. The automatic fuel intake shutdown while coasting, while driving down a hill or while braking, provides another means of saving fuel. So dont use the accelerator while coasting and dont take the vehicle out



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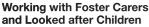
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(1) Should an advertiser be interest of the agreed terms, the publisher shall be entitled to levy a 10% surcharge on the value of the whole debt in respect of accounts with terms of less than 30 days, and any discounts or commissions that had been allowed will be

reclaimed.

(2) Regular monthly accounts that are in breach of the agreed terms will pay an interest rate of 6% above the current bank of England base rate for each month that the account is overdue and discounts or commissions that had been allowed will be reclaimed. Should Legal action be required the interest will be charged in accordance with the County Court Act 1984.

14. Where an advertiser instructs / appoints an advertising agent to act on their behalf, the advertiser will remain jointly and severally liable for payment in respect for an advertisement(s) should the appointed agent fail to pay. For the avoidance of doubt, the agent acts for the advertiser and not for the publisher with the agent being responsible for notifying the advertiser of liability.

15. All queries must be notified, preferably in writing to the accounts department of the publisher within 7 days of the invoice date.

16. All digital services are maintained in partnership with the publishers' hosting service providers. Every effort is made to ensure the continuity of these services, but some occasional technical downtime beyond the publishers control may occur. The publisher and its associated companies shall be under no liability if the production and distribution of web services is delayed or prevented by any cause beyond the control of the publisher.

trol of the publisher.

17. The Publisher may provide voucher copies for published advertisements in electronic form only subject to certain criteria. Further infor-

mation is available on request.

18. The copyright of advertisements produced wholly or partially by the Publishers belong to the Publishers. Advertisers may not reproduce such advertisements without the Publishers' consent.

Box Numbers

Boxes are open for the receipt of bona fide answers and are not available for distribution of trade canvassing matter. Original testimonials, Boxes are open for the receipt on bota fide answers and are not available to instruction of rather carrossing matter. Original result initials, goods, cash, cash stamps or payments of any kind must not be enclosed. A box Number and postal address are charged as part of the advertisement, i.e. Box No., centre address. There is no charge for forwarding replies.

Box numbers alone are not available for use in "trade" advertisements, other than Employment and Business Opportunities.

Holiday & Travel Category

All advertising must contain the name of the advertiser, phone number alone are not permitted.

Data Protection

The service you have requested may require us to carry out a credit search at a credit-referencing agency, which will record the fact that a The service you have requested may require us to carry out a credit search at a credit-reterencing agency, which will record the fact that a search has been made. We may need to share your information with other lenders and credit reference agencies. However, we will only use the information from these searches to make credit-granting decisions and, if necessary, for fraud prevention or tracing debtors.

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Public Notices

SPECIAL TREATMENT PREMISES NOTICE TAKE NOTICE THAT I, Samina Akram have applied to the London Borough of Redbridge for the grant of a Special Treatment Licence in order that the premises known as Maariya's Beauty Secret and Spa, 39 York Road, Ilford, Essex IG1 3AD, may be open for business of sauna, steam bath, electrical

Anyone wishing to oppose the application must give notice in writing to: Chief Community Safety Officer, Perth Terrace, Ilford, Essex IG2 6A, WITHIN TWENTY ONE DAYS specifying the grounds of opposition.

Person objecting to the grant of a Licence must be prepared to attend in person at a hearing before a Committee of the Council.

DATED this 3rd day of May, 2012 Samina Akram 39 York Road

Ilford Essex IG1 3AD

NOTICE OF APPLICATION FOR A PREMISES LICENCE

applied to Wellham Forest Council for a premises licence at Kebabish Original, 755 High Road Leytonstone London Eff. 755 High Road Leytonstone London Eff. 755 High Road Leytonstone London Eff. 755 High Road Leytonstone Olden Eight Valley and Valley and Valley Road Valley (1900) and Valley Council Valley (1900) and Va Authority friust receive representations, the date given above and will have regard to any such representation. It is an offence, under Section 158 of the Licensing Act 2003, to knowingly or recklessly make a false statement in or in connection with an application for premises licence and the maximum fine on conviction is £5000.

Bargain **Buys**

BIRCH DISPLAY CABINET exe cond, top with down lights, glass doors, shelving, enclosed bottom shelving, approx 6ft x 6ft, £100ono. SILVER INTER-NET TV, 14in, remote control, exe cond, hardly used, £35. BRAND NEW, men's black Timberland ribstock jacket, large, various pockets, adjustable cuffs, £40. PAR-QUET WOODEN FLOORING small rectangular pieces, cover approx 8m.sq, £100ono. Tel: 07715 111152 Canvey.

BUILD A BEAR lots of boy bear clothes & accessories including tent, sleeping bag, ohari, lots more, far too many to list, bargain £30 the lot. BOO BUD-DIES, large penguin & small husky, £5 the pair. TWO WHARFDALE FLATSCREEN TVS WITH FREEVIEW, 20in discorbility eithers with solutions. diagonally, silver surround, only £40 each. BLACK IPOD NANO 2nd generation 8gb, black & white screen, £40. Tel: 07943 317575.

BUNKBEDS 6ft x 3ft, flat pack, metal & wood, including mattresses, hardly used, £80. Tel: 01375 385 676

PROFESSIONAL GOLF **CLUBS** full set, plus bag, vgc, £75 ono. Tel: 01702 298 225.

Bargain Buys

POOL TABLE vgc, 5ft x 2.5ft, can be used on table, has legs, needs bolts, £60ono. LADIES BLACK LEATHER COAT, full length, size 14, exe cond, £35ono. VERY MODERN E3sono. VEHY MODERN
BLACK TABLE, 1m square, four
white well made chairs, exe
cond, £80 ono. MODERN
CHROME LAMP WITH
UPLIGHTER, attached reading
lamp, adjusts up to 6f tall,
£30ono. Tel: 07981 689 833

LAPTOP FAST PENTIUM 4 wireless, DVD player, CD re-writer, software loaded, 15in screen. ideal eBav. Facebook, online shopping or holiday booking, free delivery, £85. COMPUTER FAST PEN-TIUM 4 PC, DVD player, 19in flatscreen, keyboard, mouse, software loaded, ideal for inter net, free delivery, £80. Tel: 01268 766 649.

BABYDAN PLAYPEN silver, from Kiddicare, never used, brand new, RRP £90, great sturdy playpen, patented locking system, playpen/hearth gate or room divider, includes soft washable padded playmat, £55. LEARN AND GROVE MUSICAL TABLE, Leapfrog, gc, £15. V-TECH first steps musical baby walker, £8. Tel: 07930 317499.

LASER CHALLENGE GUN one large blaster gun, original box, indoor/outdoor use, indoor/outindoor/outdoor use, indoor/outdoor use, £15. LASER GUNS/TWO SMALL GUNS front & back sensor vests, light & sound effects, original box, indoor/outdoor use, £20. MENS LEATHER JACKET black, chest 46in, £35. Tel: 01375 676 171

ROUND TEAK DINING TABLE six chairs, gc, available from 21st April, buyer collects, £20. THREE PIECE LOUNGE SUITE plain dark green, gc, available from 21st April, buyer collects, £20. WICKER COFFEE TABLE glass top, 250 x 110, gc, avail-able from 21st April, buyer col-lects, Hadley area, £20. Tel: 01702 476 431

JOB LOT 88 DVDs. good titles. £44. Tel: 01702 202546

Business Advertising

By phone

Recruitment: 01268 503 420 Classified: 01268 503 430 Monday-Thursday 9.00-5.30

Fri day 9.00-5.00 Calls may be monitored

Bargain

By post

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By fax

01268 503 418 01268 503 419 01268 503 455

Pop into our town centre office Monday-Thursday 9.00-5.30 Friday 9.00-5.00 Acorn House, Great Oaks

Basildon

Buys ROUND TEAK DINING TABLE six chairs, gc, available from 21st April, buyer collects, £20. THREE PIECE LOUNGE SUITE plain dark green, gc, available from 21st April, buyer collects, £20. WICKER COFFEE TABLE glass top, 250 x 110, gc, avail-able from 21st April, buyer col-lects, Hadley area, £20. Tel: 01702 476 431 treatment, manicure, pedicure, massage facial.

GIRLS VANITY TABLE & STOOL musical, £15. PLAY KITCHEN & some accessories, £5. GIRLS BARBIE SCOOTER, three wheels, 3yrs plus, £10. SNOW BOOTS, girls, size 10-11, £10. SNOW BOOTS, boys, size 2-2½, £10. VAUXHALL ZAFIRA, lock for rear offside door, as new, £40. Tel: 01702 527149

> DRESSING TABLE Pine. 3 drawers. Stool. Freestanding mirror W96cm H72cm. D41cm. £40. DISHWASHER KEN-WOOD 12 place 6months old £95. CONSERVATORY CHAIRS x 2. Cane. Good condition with matching glass topped occa-sional table 41cm x 41cm £55. Tel:07817652706

PINE DRESSING TABLE 3 drawers, stool, Free standing mirror W96cm x H72cm x D41cm, £40. KENWOOD DISH-WASHER 12 PLACE 6months old £95. CONSERVATORY CHAIRS X 2 Cane, Good condition with matching glass topped occasional table 41cm x 41cm. £55. Tel: 07817 652 706

RED EXTENDING FOOTBALL POLE £7. MANCHESTER UTD light shade, £5. 2M X 3M BEIGE Ingini shade, 55.2 M X 3M BEIGE FLUFFY RUG, vgc, was £200, accept £90. 66 x 90in lined BLACK RING TOP CURTAINS, £15. TWO PAIRS 57 X 90IN BLACK CURTAINS, £10 per pair, two pairs, £15. Tel: 01702 232758.

BED 4ft 6in double divan with mattress, unused & still wrapped, can deliver, £85. CARPET, dark beige, unused, still wrapped, 13ft x 13ft 6in, can deliver, £39. CARPET UNDERLAY, full 18sq.yd roll, unused, still wrapped, can deliver, £39. Tel: 01245 420743.

HOOVER Dirt King Cyclonic HOOVER Dirt King Cyclonic, small & lightweight, £10. INSPECTION LAMP, Metway, with hanging clip, gc, £5. PRO-JECTOR STAND with small shelf, £10. VELBON CAMERA TRIPOD, expandable, suit traditional camera, £10. Tel: 0208

LACOSTE TODDLER BOOTS brown leather, worn once, £25 ono. LADIES GILET size 18, ono. LADIES GILE1 size 18, never worn, £10 ono. BABY PRAM FOOTMUFF red, never used, £12 ono. LADIES DRESSY CHIFFON BOOB TUBE £10 ono. Tel: 07535 878

NATHAN TEAK DISPLAY CABINET three drawers, three cupboard, other features, including lights, height 6ft 5in x depth 1ft 6in x width 5ft, qc, £95 ono. Tel: 01268 455 699

WOMENS TOP QUALITY **CLOTHING** some as new, sizes 14, 16, 18, including coats, suits, trousers, etc, 30 pieces, £99ovno. Tel: 01702 307023.

GIRLS MOUNTAIN BIKE 20 carrera luna. Sram x3, 7 speed twist grip gears. Light blue. Excellent cond. Was £200 new, £60 ono. SHED FOR SALE. H 6ft 6in. W 8ft. D 6ft. Good cond, dismantle and collect. £70 ono. Tel: 01702 335295.

GROUND SHEET breathable GHOUND SHEET breathable, blue, 2.5 x 4.5m, used once, still in storage bag, £25. CARLTON DESK FAN, oscillating, 12in, as new, £10. COFFEE TABLE, cane frame, glass top, 85cm x 50cm x 46cm, £15. Tel: 01702 714100 714100

BOSCH CONDENSER TUM-BUE DRYER free local delivery, £99. BOSCH WASHING MACHINE, free local delivery, £99. FRIGIDAIRE UNDER WORKTOP FRIDGE, free local delivery, £85. Tel: 07970 070225.

RABBIT HUTCH OUTDOOR PEN BEDDING AND ACCES-PEN BEDDING AND ACCES-SORIES 255 HIGH SLEEPER BED with pine desk and desk chair below vgc £45. Separate bed-chair with futon mattress also available. Tel 07977 538 295

THREE LADIES MOUNTAIN THREE LADIES MOUNTAIN
BIKES exe cond, from £50.
THREE GIRLS MOUNTAIN
BIKES, 24in wheels, exe cond,
from £25. THREE BOYS
MOUNTAIN BIKES, 20 & 24in wheels, exe cond, from £25. Tel: 01268 767959.

THREE PAIRS HEAVY LINED CURTAINS pelmets, tiebacks, as new, washable, turquoise with cerise trim, width 90 x depth 64, width 112 x depth 64 and width 112 x depth 85, £85 each ono, or £200 the lot. Tel: 01708 458765.

CLARKS girls boots vgc. Brown 13G and 1F, burgundy 12G - £12 each, NEXT, M&S etc girls clothes vgc. Age 7-11, two large bags £30 each. NEW girls clothes age 7-8, £30. Tel:07941 920447.

WOODEN SHED 6 x 4ft, vgc. WOUDEN SHELD 6 X 4ft, vgc, £6 0no. TRIPLE WARDROBE, four drawers, oak, vgc, £60. BEDSIDE CHEST, oak, two drawers, vgc, £20. PINE DOUBLE WARDROBE, exe cond, £55. Tel: 07788 158 076

GENTS LANNUTTI 18 GEAR BIKE hardly used, £20. DINING TABLE extending, 5-6 ft 6in, four chairs, two carvers, £40. ELECTROLUX UPRIGHT FREEZER 10.8 cu.ft, exe cond, £40. Tel: 01277 659 854

HEAVY DUTY HOOVER COMMERCIAL VACUUM CLEANER
Commercial cleaners this is for you, should cost over £250, brand new from box, £50ono.

Tel: 01702 353150.

MAMAS & PAPAS MPX TRAVrycot, pushchair, raincover, sun shade, footmuff, plus luxury footmuff, matching changing bag, exe cond, £100. Tel: 01702 614 048

PRAM SILVER CROSS 3D JETSPORT TRAVEL SYSTEM black, pram section unused, inc raincover, bag, footmuffs for both pram and buggy in good condition, £90 Tel: 01708 706 330

SMALL GLASS REPTILE VIVARIUM 2ft long, includes heating, lighting, fittings & accessories, £50. Tel: 01277

WHITE WASH BASIN & PEDESTAL as new. £50. WHITE WASH BASIN & PEDESTAL as new, £50. MICROWAVE, vgc, £20. 20IN TV, Samsung, vgc, £50. CHILD'S CHAMPION JUNIOR JOCKEY HELMET, as new, £12. CHILD'S RIDING BOOTS, size 11, black leather, £5. Tel: 07801 752397.

MAHOGANY DISPLAY CABI-NET/BOOKCASE sliding glass doors, 5ft high x 3ft wide, can be separated into three pieces to transport, £30, Tel: 01268 784 043

BMX HARO F1 2008 model original, acid green, all original, front/back stunt pegs, minor scratches, otherwise vg, £80. Tel: 01708 509138 or 07758

CHICCO POLLY HIGHCHAIR 6 months - 3years , reclining , 7 height positions , very clean , good condition , rrp £119 . Selling for £45 . Will deliver locally. Tel: 07711157177

COMPUTER very fast Pentium 4 HP tower, black & silver, windows xp pro, office xp, 17in flatscreen, keyboard, mouse, free delivery & setup, £70. Tel: 07795 363391.

COMPUTER very fast HP Desktop, loaded Windows XP Pro, Office XP, 17in flatscreen, keyboard, mouse, free setup and delivery, £70. Tel: 07795 363391.

CURTAINS two pairs wine velvet, fully lined, pinched pleating, fit 12ft wide windows, one pair 77in long, other 81in long, one curtain marked at bottom, £80. Tel: 01708 451564.

DUCAL PINE CABINET exe cond, £45 ono. DRESSING TABLE, three drawers either one middle drawer. cond. £45 ono, Tel: 07788 158

pram/pushchair/carrycot/cosy toes/sun canopy/carry cot stand, ex con. £40. Mothercare tigger door bouncer, ex con, £7. Tel: 07828 134 164

MONTGOMERY CURTAINS Made to measure from Rooms. Heavy sage green lined curtains W108" D62" £25 M&S Pendulum Mantle Clock £15 Tel: 01708 459043

PINE ROCKING CHAIR used in baby's nursery, vgc, buyer collects, £45. CHILD'S ELECTRIC QUAD BIKE, suit 4ys plus, buyer collects, £45. Tel: 07515 349165.

SOLID OAK KITCHEN UNITS soon to be dismantled, selling due to extension, range of base & wall cupboards, vgc, buyer collects, £95. Tel: 01702 201 582 Hockley.

WICKER HIGH BACK CHAIR 210. WICKER CHEST £10. LIFEJACKETS, medium, £10. PORCELAIN DOLLS, £5 each. DOLLS WICKER PRAM, £10. Tel: 01708 703 618

TWO ROLLER BLINDS fit up to 220cm & 155cm wide, vgc, only 6mths old, lovely design, genuine reason for sale, £20 each or £35 for two. Tel: 01268 424 158.

BRITAX RENAISSANCE CAR SEAT 9-18kg Good cond £20 Lascal Maxi black Buggy Board £10 Mothercare 4 wheeler black pushchair with fleece cover £15 Tel:01702 213454 ELC TOWER OF DOOM WOODEN CASTLE complete set figures, £20. ELC WOODEN BOAT, full set pirate figures, £10. BOYS 14IN BIKE, £10 two available. Tel: 07979 904034

HALOGEN CONVECTOR OVEN cooks food up to 60% faster, uses less half electricity, complete with accessory pack, height extension ring, as new, $\pounds 30$. Tel: 01702 617794. LADIES JACQUES VERT

OUTFIT JACKET voile, ¾ skirt, scarf, two tops (day and evening), hat, two tone blue, size 14, immaculate, £95. Tel: 01702 710 893. NATHAN THREE MATCHING

CORNER UNITS including lights, height 6ft 5in x depth 1ft 6in x width 2ft, gc, buyer collects, £50 ono. Tel: 01268 455 699. OUTBOARD MOTOR WANT-

ED runner or non-runner, Mercury, Yamaha, etc, 5HP to 100HP, anything considered may take complete boat if still attached. Tel: 01268 765 086.

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CAR SEATS suitable 3yrs plus, inc cup holders, arm rests. removable & adjustable back/head supports, gc, £10 each. Tel: 0208 5303680. ARSENAL FOOTBALL KIT 12-

18mnths and Arsenal PJ's 18-24months, both brand new as unwanted gifts. £25 for both Tel:07867836410

BRITAX ASIS 2nd stage baby car seat. vgc £20 o.n.o. lkea Toddler bed with mattress £25 Basildor vgc. Caii Tel:01268445166

CAR SEAT Maxicosi, vgc, £25. TRAVELCOT hauck, vgc, £25. GOLF BAG & CLUBS no.s 4, 5, 7, 9 & putters, £7 each. Tel: 01702 392 822.

GARDEN FURNITURE Folding wood Table (39" dial) & 2 folding Chairs. Needs attention (small repair & re-staining), £20 Tel 01708 459 043

GARDEN FURNITURE Glass table & 6 metal chairs. Not bad condition. No cushions. Collect only. Laindon. £30. No offers Tel: 07854152203

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WICKER GLASS TOP TABLE 50in diameter, plus four chairs, light wood, suitable conservatory, Rainhani 01708 558938. Rainham area, £55, Tel:

WINDOWS white UPVC, dou-Wildows write Oryc, dou-ble glazed, leaded, unit and cill, 35in wide x 48in high, as new, £45. Tel: 01268 750350 or 07774 186090.

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1 LARGE AND 2 MEDIUM

animal run, approx 1 metre x 2 metre, selling each item for £15. Tel: 07952 387 881 COTTAGE STYLE PEDESTAL & BASE white with pink flowers, gc, £25ono. NEW TILES, 11sq metres, very light beige, gc, £40ono. Tel: 01702 335172.

HOTPOINT FREEZER RZAV21P excellent condition, under the counter, inc fast freeze and instructions, £80. Tel:07989 519522

LAURA ASHLEY GLASS SIDE TABLE two drawers, £90 QUALCAST MANUAL LAWN-MOWER £10. Tel: 01268 750

MAHOGANY LED LIGHTED WALL UNIT Good condition, buyer collects bargain at £60. Tel:01268 526938 07866913940.

CARPET dark beige, unused, still wrapped, 13ft x 13ft 6in, can deliver, £39, Tel; 01245 420

CARPET UNDERLAY full 18 sq.yd roll, wrapped, can deliver, £39, Tel: 01245 420 743

ELECTRIC DRUM KIT gc, £50ono. DRUM KIT, inc toms, cymbals, sticks, stool, £70. Tel: 01375 650042.

LADDER Aluminium double extension, each section 4 metres. Little used £50. Tel: after 3.30pm Tel:01375 370938

MAMAS & PAPAS Primo Pappa Evo highchair, recline & folding exe quality & cond, £40. Tel 07816 837519. MEN'S BIKE Carerra, silver

frame, large, 26in, 21 gears, gc, 250 no offers. Tel: 07890 524262.

MOUNTAIN BUGGY originally John Lewis, cost £479, vgc, plenty years left, £30. Tel: 01268 762771.

SAMSUNG 32IN LCD FLATSCREEN TV slimline, exe cond & picture, instructions, £99. Tel: 01268 752166.

SMALL DOG OR CAT SHELTER FOR SALE £25. NEW RABBIT HUTCH FOR SALE, £45. Tel: 01268 473 365

CANE FURNITURE TWO SEATER SETTEE two arm-chairs, lemon & terracotta, £95. Tel: 01268 513 929.

TABLE extends to oval, four highback modern dining chairs, gc, £60. Tel: 01375 378918. FOLDING GUEST BED AND

DINING ROOM ROUND

MATTRESS Argos 634/0678 hardly used. £20. Tel: 07939 524304 (West Cliff) HOTPOINT ULTIMA CONDENSER TUMBLE DRYER £300 new, accept £100. Tel: 01702 545836.

NICE WHITE ROUND DINING TABLE 41in diameter, centre column, £25. Tel: 01702

296869. NOKIA C3-01 TOUCH AND TYPE on vodafone. new in boxused once, unwanted upgrade

£55. Tel:01268 685359 PEUGEOT 207 SPARE WHEELS full set road tools, plus compressor, new, 6mths old, £80. Tel: 01702 216 257.

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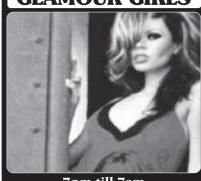
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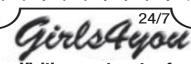
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TINA 38 social outgoing nurse, OHAC, no ties, looking for mature male for nights in/out, romance, roll play and possible ltr. Tel No: 0906 500 6358 Box No: 386627

RONNIE 39 looking for fun loving bit on the side! must have a GSOH and own home, I will provide the entertainment! Tel No: 0906 500 6358 Box No: 385593

SUSAN very attractive, curvy, outgoing, loves meals in/out, cinema, looking for male for fun times only. Tel No: 0906 fun times only. Tel No: 090 500 6358 Box No: 385361

RACHEL young looking brunette, attractive, lovely brunette, attractive, lovely smile and big brown eyes, WLTM genuine male for companionship, date nights, romance and TLC. Tel No: 0906 500 6358 Box No:

WHY do I feel like the only singleton? Emma 37. singleton? Emma 37, attractive, witty, sociable and single! Call me to find out more, come on lets date. Tel No: 0906 500 6358 Box No: 385357

DOROTHY shy female new to the dating carring and generally an all round nice person, looking for similar male to love. pls call. Tel No: 0906 500 6358 Box No: 388117

TINA fit single tall slim blonde female 27, loyal, sincere, looking for friendship hopefully leading to LTR. Single dads welcome. Tel No: 0906 500 6358 Box No: 388107

SUSIE genuine loving lady looking for love, OHAC/business, solvent, no children, WLTM genuine male to spoil. Age/race unimportant. Tel No: 0906 500 6358 Box No: 388133

LINDSEY 22yr old attractive hard working female looking for similar male for after work discreet meets, maybe leading to more. Tel No: 0906 500 6358 Box No: 388129

RONNIE blonde bubbly very attractive bombshell looking for Mr Right, if you are out there pls get in touch. ACA. Tel No: 0906 500 6358 Box No: 388127

LYNDA very attractive attached female, own transport and willing to travel, seeking similar natured male for extra circular activities. Must be discreet. Tel No: 0906 500 6358 Box No: 386653

KERRY blonde blue eyed cultured lady, very genuine, caring, seeking caring natured male 45-58 for loving romance. Tel No: 0906 500 6358 Box No: 386649

HI I'm Jane a 40yr old divorcee with 3 children, looking to fall in love again, seeks genuine, confident, very tactile male. Tel No: 0906 500 6358 Box No: 386643

BONNIE slim fun loving attractive single mum with GSOH looking for similar male for loving relationship and some adult attention. Tel No: 0906 500 6358 Box No: 386530

VERY Precious 27yr single mum looking for someone to treat me like a princess, 40-70yrs, discretion assured. Tel No: 0906 500 6358 Box No: 386637

SHARON retired model 36, tall, attractive, considerate, easygoing, loves finer things in life, seeking well mannered male, 40-60yrs. Tel No: 0906 500 6358 Box No: 386635

LYNN 37 single mum, petite slim and very pretty, seeking caring funny guy to be with and become my Mr Wonderful. Dads welcome. Tel No: 0906 500 6358 Box No: 386536 No: 386633

SARA educated independent attractive female, nervous about dating through advertising, so pls don't disappoint me by not replying. I promise I wont disappoint you!Tel No: 0906 500 6358 Box No: 383061 LUCINDA caring 31yr old single mum, sick of school runs and runny noses, looking for some adult fun and good times with available easygoing male up to 45yrs. ACA. **Tel No: 0906 500 6358** Box No: 383067

JEANINE 40yrs, very cute petite artistic female who has a real passion for life, WLTM similarly passionate male for tactile LTR, 40-55yrs. Tel No: 0906 500 6358 Box No: 383917

VICKY honest caring female 33yrs, GSOH, loves meals in/out, travel, cinema, WLTM someone to enjoy nice things in life with and romance. Tel in life with and romance. Tel No: 0906 500 6358 Box No: 383911

KERRY 32vr old single mum of one, ready to move on with a new relationship, WLTM genuine male for flirty dates, text fun and more. Pls Call. Tel No: 0906 500 6358 Box No: 383901

No: 383901

Of discreet 28yr old Auburn haired beauty looking for a bit of fun back in her life, seeks male to make me smile again. Age/looks/status unimportant. Tel No: 0906 500 6358 Box No: 383899

BEV very attractive sensual warm-hearted, looking for good times with confident loving male. Call to me find out more. Tel No: 0906 500 6358 Box No: 385643

SUE fair haired petite caring nurse likes nice holidays, romantic nights in/out, WLTM appreciative male to love and care for. Tel No: 0906 500 6358 Box No: 385641

CAROL 34, loves role play, dancing, sensual dress up, looking for fun with male 60-70yrs, discretion assured. Tel No: 0906 500 6358 Box No: 385639

JENNY very feminine attractive mature classy female with beautiful blue eyes, looking for male to enjoy plenty of laughs and get to know. Tel No: 0906 500 6358 Box No: 386303

ZOE 31yr old independent petite redhead, very pretty, good figure, confident, seeking male for tic without complications. ACA. Tel No: 0906 500 6358 Box No: 388957

JO 24yr old attractive blonde, own car/flat, seeks genuine guy for meals out, cosy nights in and quality times together, 30-55yrs. Status unimportant. Tel No: 0906 500 6358 Box

JANE divorced lonely single mum, OHAC, loves mum, OHAC, loves socialising, pubs, countryside, looking for male to love me again. Age/looks/race unimportant Tel No: 0906 500 6358 Box No: 388947

No: 388947

CAROL attractive blue eyed blonde, slim, size 10ins, GSOH, great entertainer, good cook, well mannered, cheeky, sensual, romantic. So why am I single? Call me. Tel No: 0906 500 6358 Box No: 388979

ANNE new to the area, loves travel, cinema, theatre, seeking sane happy male to share social, fun, romantic and loving times together. Status unimportant. Tel No: 0906 500 6358 Box No: 388977

WANTED! Nice gent 60-66, N/S for blue eyed blonde, N/S lady with many interests. Tel No: 0906 500 6358 Box No: 389163

JASMINE 36yrs, looking for lover friend and soul mate to share my life with. I'm attractive, loving, green eyed, curvy and tactile. Single dad welcome. Tel No: 0906 500 6358 Box No: 388981

ALICE 18yr old tall blonde carefree student, looking for exciting male 18-30 for good times only. ACA. Tel No: times only. ACA. Tel No: 0906 500 6358 Box No: 387107

HI I'm Jo. petite, pretty, fed up with own company, seeking male to help me get back into the swing of things, for uncomplicated fun times together. Tel No: 0906 500 6358 Box No: 387103

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Weather fails to dampen Crossman

Motorcycling

A MOTORCYCLE racer braved the elements to continue his championship battle in the Classic

Superbikes class.
Romford's Wayne Crossman headed to Snetterton in Norfolk for the latest rounds of the Hottrax Motorsport series.

Heavy rain drenched the circuit over the weekend of April 21/22, meaning it was going to be a tough task for Crossman to defend his lead in the Classic Superbike class

In the first two races, Crossman picked up a fourth and a third, but was unable to start the third race due to a hole in the radiator on his MV Augusta. He ended the day

For the Moto Grande 600 class



CHALLENGING CONDITIONS: Wayne Crossman

on a Suzuki GSXR 600, Crossman raced solidly to pick up four top ten finishes, the best a seventh in

Picture by Mark J Ward the third race, moving up to 10th

Crossman said: "It was a diffi-

cult weekend with the weather, and in one race I went out on track on 'wets' only to find the majority of the track had a dry race line.

"I came into the pits for my bike on dry slick tyres, but this meant I started from the pit lane on cold tyres. So 33rd place with loads of work to do in a 10 lap race. I came ninth picking up the fourth fastest

lap along the way.
"All credit and my thanks go to Ian Stokes and my pit crew from IP Performance Motorcycles, their bike preparation is second to none and I couldn't race without their support. I'd also like to thank my sponsors Predator IT and MJW Digital Art for their continued support.'

The next event sees Wayne travelling to Anglesey in Wales on

second in the championship. in the standings

WALTHAM Forest Hockey Club were celebrating last Friday after coming away with two awards in the Proactive London's Sport and Physical Activity Awards.

The club, based in Coppermill Lane, Walthamstow, cleared up with five nominations, three shortlisted places as well as Club of the Year and Inclusive Ambassador awards.

The event at the Kia Oval celebrates the successes over year of sport in London in the build up to the Olympics in July, with more than 550

nominations and various Olympians on hand to give out the awards

Hockey club scoops two awards

Waltham Forest Hockey Club were recognised for their work in running local community workshops for Waltham Forest Council, the Tottenham Hotspurs Foundation and BBC London to promote the sport.

This runs alongside internal schemes the club has held with adult beginner courses, the launch of a pan-disability section. Forest Flyerz, and seeing their youth secion grow to more than 130 chil-

Youth co-ordinator, Matt

Lovell, said: "It's just amazing to see that so many peo-ple across London are doing to inspire the next generation to participate in sport. This simply inspires us to push on as a club and ensure we are doing everything possible on the back of the Olympics to reach out to the local commu-

Alongside the overall club award, Pani Theodorou, the club's Forest Flyerz co-ordinator, won Active and Inclusive Ambassador for her efforts in setting up the first Pan-Disability section in the South of England and bringing in more than 20 volun-



SUCCESS: Waltham Forest Hockey Club.

teers from the local community to ensure that the sessions run successfully.

The club will be running their third adult beginners session in September while

they will be rholding free workshops at the One Move-ment event during the Olympics on August 4/5.

For more details, visit www.walthamforesthc.co.uk

play-off place ity miss out

Non League Football

CHELMSFORD City missed out on the Blue Square South play-offs on Saturday, losing 3-2 at home to champions Woking.

Jack King (10) fired the Cards ahead but Cliff Akurang (16) and Jamie Slabber (42) gave the Clarets a narrow lead.

However, Giuseppe Sole equalised before half-time and Kieran Murtagh fired in the winner on the hour mark.

With Basingstoke Town's late charge, the Clarets found themselves four points adrift despite occupying a play-off spot for the majority of the

Thurrock finished bottom and ended the season in disappointment losing 2-0 to fellow relegated side Hampton & Richmond Borough at

Ship Lane.
Billy Jeffreys (40) and Charlie
Moone (50) were on the scoresheet for the visitors.

Ryman League Premier champions Billericay Town picked up their trophy in front of a bumper crowd of at New Lodge, despite losing their final match 4-1 to play-off contenders Lowestoft Town

Michael Frew put the Trawlerboys ahead only for Dale Cockrill's own goal to level it. Lubo Guentchev's

long-range shot restored Lowestoft's advantage before the half-hour, Cockrill made it 3-1 and Frew got his second.

AFC Hornchurch finished above Lowestoft in second with a 2-1 win over relegated Leatherhead.

Carl Rook (19) put Urchins ahead in his first start but Greg Andrews equalised before half-time.

Leon McKenzie Hornchurch's lead after the restart and it proved to be the winner. The Urchins were due to hold their playoff semi-final against Bury Town yesterday (Wednesday).

Canvey Island did all they could to make the play-offs, winning 5-0 over Margate, but it was not enough as they finished in eighth, four points off.

Kevin Dobinson, Rob King and Jason Hallett made it 3-0 before halftime, with Dobinson scoring again (73) and Steve Sheehan completing the rout.

East Thurrock United ended their season with a top ten finish thanks to their 5-2 win at Kingstonian.

After Bobby Traynor had put K's ahead, Sam Higgins scored two before the break and Ben Wood and Kye Ruel made it 4-1 soon after.

Traynor reduced the arrears but Higgins made sure of his hat-trick late

Concord Rangers' season tailed off with a 3-1 defeat against Wealdstone. Alex Dyer put Stones ahead after 25 seconds with Steve King (11) levelling for the Beachboys. But Richard Jolly and Scott Fitzgerald made sure of the win for Wealdstone.

Relegated Aveley's season ended in thrashing, losing 7-1 to Hendon. Greg Ngoyi (36) put Hendon ahead, and the floodgates opened in the sec-ond half as Scott Shulton (50) scored a penalty, Isaiah Rankin fired a sevenminute hat-trick and Elliott Charles

made it 6-0 by the midway point.
Kayan Kalipha missed a penalty but Liam Thomas did pull a goal back for the Millers before Elliott Godfrey made it seven.

In Ryman League Division One North, Tilbury secured third spot and a semi-final home tie thanks to their 4-3 win at Thamesmead Town. Tom Wraight and Gary Henty put Dockers ahead before half-time after Rikki Cable gave the hosts the lead after 30 seconds.

Cable completed his hat-trick six minutes after the break but Tilbury fought back to take the win through Aaron Matthews and Paul King.
They will host Needham Market,

while Grays will have to travel to either Enfield Town.

Both sides met in their final league

match on Saturday where Grays lost 3-0 at home. Bradley Thomas was sent off for the Blues in the 52nd minute with Liam Hope converting the resulting penalty.

Further goals from Tyler Campbell and Walid Matata ensured Grays had to settle for fifth.

The relegation battle is also yet to be decided as Ware's home game against Waltham Forest was called off

They have Ilford in their sights after they lost 2-1 at home to Harlow Town.

Danny Elmes and an own goal by Gbenga Sonuga before half-time put Harlow ahead with Abdul Jeetoo's reply in the 87th minute not enough.

Îlford are three points clear of Ware who had to win by three clear goals last night (Wednesday).

Already relegated Great Wakering beat Romford 2-0 thanks to goals from Ashley Hawkins and Dan

Brentwood Town won 2-1 at Needham Market. Martyn Stokes and Abs Seymour put Town ahead with Bradley Barber (pen 83) pulling goal back for the hosts.

Luke Callander scored a hat-trick in Heybridge Swifts' 4-1 victory at Sud-bury while Adam Flanagan and a Sos Yao penalty earned Maldon & Tiptree a 2-1 home win over Soham Town Rangers.

West Ham United

Big Sam looks for play-off success

WEST Ham United boss Sam Allardyce is eyeing play-off success after his side missed out on automatic promotion from the Cham-

pionship on Saturday.
Southampton's 4-0 win over Coventry ensured the Irons had to settle for a play-off spot despite beating Hull City 2-1 at Upton

A double from Carlton Cole helped the Hammers on their way with Corry Evans netting a late consolation for the Tigers.

The Irons will now face Cardiff City in the play-off semi-finals, with the first leg at Cardiff tomorrow (Thursday) and the second leg at Upton Park on Monday.

Allardyce said: "I stuck my neck out when I arrived and said we wanted promotion in the first season. I've got a two-year contract but doing it in the first season is important. We still have three games to win, and we will do it.

"We've had a very good season considering where we've come from. In the last few years 86 points has been enough.

"Our ultimate goal was not achieved, we left ourselves too much to do, but we'll wake up tomorrow morning and look forward to preparing for the play-offs."

Dagenham & Redbridge

Daggers lose to promoted Shrews

DAGENHAM & Redbridge failed to spoil Shrewsbury Town's promotion party in League Two, losing 1-0 on Saturday.

The Shrews booked their place in the third tier of English football after 15 years thanks to James Collins' header in the 38th minute. But the Daggers, who secured League football the previous weekend, made it a dif-

ficult afternoon for the majority in Greenhous Meadow.

Boss John Still said: "It was a disappoint-

ing result but the performance was good. I thought we pushed them all the way and Chris Lewington, our keeper, wasn't really flying around his goal.

"For what Shrewsbury were playing for, they might have been a bit edgy and I thought we started well. They scored their goal without us being under any pressure but late in the game we pushed them right back and I thought we put in a good performance against a very good team."

Leyton Orient

LEYTON Orient ensured League One safety despite losing 2-1 at Hartlepool United on Sat-

With their nearest rivals all slipping up, the defeat was academic.

Pools, with a similarly poor home record as their visitors, wrapped the points up with strikes from Anthony Sweeney and Ryan Noble, while Jamal Campbell-Ryce levelled for Orient.

Relieved Orient boss. Russell Slade, said: "I don't want congratulating. But, it has been a very tough season for us.

Top scorer, Kevin Lisbie, said: "I am just relieved. I have barely slept for a month with worry about staying up. This is the division we want to be in and we don't want to be going to places like Crawley and Fleetwood next sea-

"We would rather be going to Coventry and Portsmouth as this is a big division.

Barking and Dagenham MAdvertiser 1976 WAdvertiser

Your YA is inside this advertising wrapround

Thursday, May 3, 2012







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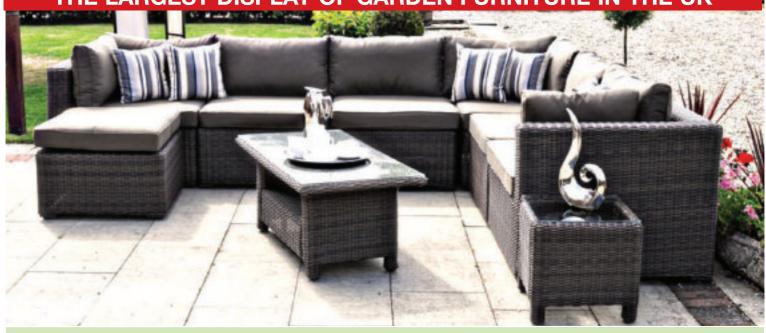
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